



User Guide

How to use your Earmuffz Sleep



Inserting your earplugs



Follow these steps to insert your earplugs correctly:



1

Hold the earplugs with the tip facing downwards, ready to insert.



2

Gently pull your ear back and insert the tip at a slight angle.



3

Push the earplug in with light pressure and rotate slightly to ensure a proper seal.

Tip: If you notice your own voice sounds louder or more "in your head", that's a good sign the earplug is sealed properly.

Finding your fit



Your Earmuffz will come fitted with medium (M) ear tips attached.



If the ear tip feels loose or falls out, go up a size



If they feel too tight or don't sit flush, switch to a smaller size.



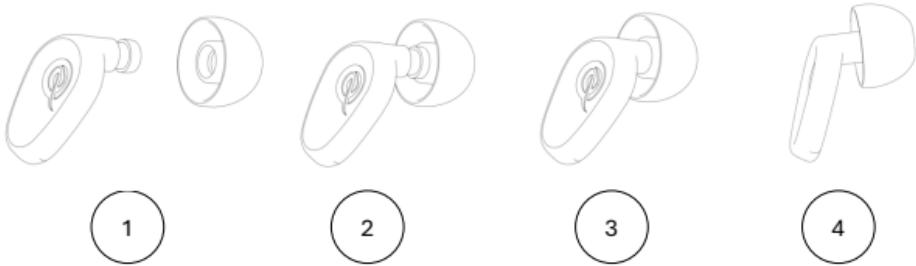
Tip: If you notice your own voice sounds louder or more "in your head", that's a good sign the earplug is sealed properly.

Remember: Every ear is unique – you may need different ear tip sizes for each ear. Mix and match for the best comfort and seal.

Assembling your Earmuffz Sleep



Follow these steps to insert your earplugs correctly:



1
Hold the ear tip and position it near the opening of the main body.

2
Make sure the ear tip is aligned with the canal of the main body.

3
Gently push the ear tip into the canal until it fits securely.

4
Slide or twist slightly (if needed) to ensure the ear tip is firmly attached.

Tip: If you're having trouble inserting the ear tip – or it feels like you need to force it – stop and check that the tip isn't inside out. An inverted ear tip won't fit properly and can affect comfort and performance.

Switching your ear tips



Follow these steps to insert your earplugs correctly:



1

Gently hold the ear tip between your fingers.



2

Carefully pull it away from the earplug body.



3

Align the stem and push it gently into the new ear until secure.



4

Make sure the tip is firmly in place – and you're ready to go!

Tip: If you notice your own voice sounds louder or more "in your head", that's a good sign the earplug is sealed properly.

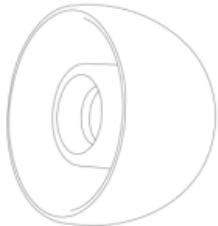


Understanding Earmuffz Sleep

Follow these steps to insert your earplug correctly:



Earmuffz Sleep is designed to fit the natural shape of your ear, reducing touchpoints for greater comfort and easier insertion.

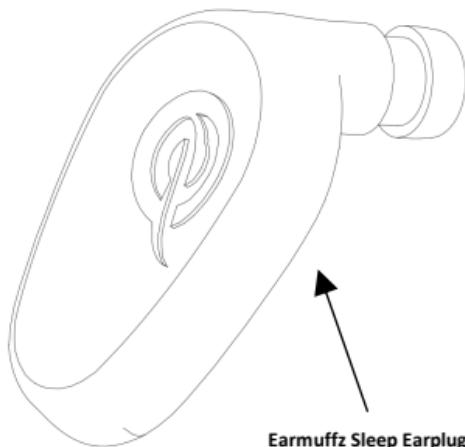


The ear tips are made from soft silicone to gently conform to your ear canal, creating a comfortable fit with a secure seal for effective noise reduction.

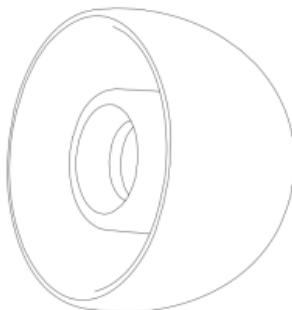
Understanding Earmuffz Sleep



Follow these steps to insert your earplug correctly:



Earmuffz Sleep Earplug
Body



Earmuffz Ear Tip

Cleaning your earplugs



Earmuffz Complete earplugs are made from [plastic] and silicone. Clean them properly by following these tips:



Remove the ear tips before starting the cleaning process.



Use a damp cloth to gently clean the ear tips.
Repeat the process for the body.



Allow all parts to dry completely before reattaching the ear tips.



Do not soak the earplugs in water and avoid using harsh chemicals or sharp tools

Tip: Replace your ear tips after 100 uses.

Disclaimer



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Product specifications, designs, and user instructions are subject to change without prior notice. For the latest version of this manual or additional support, please visit our website.



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